



## Content of program 6

### Hitter

Sacrifice bunt

Squeeze

### Baserunning

Leads  
Run & hit  
Squeeze

Hit & run  
rundowns

### Infielder

Covering 2<sup>e</sup> base  
Holding the runner  
Double play  
Double play situation  
Slow rollers  
Catching a ball near the wall

Covering home plate  
Relaying techniques  
Bunt defence  
Bach hand  
Run downs

### Catcher

Position with runners on base  
Jab step  
Framing  
Throw to 3<sup>e</sup> base  
In and out at 1<sup>er</sup> but

Bloquing  
Tag play  
Side blocking  
Pitch out

### Outfielder

Position  
Do or die  
Hitting the relay

Line drives  
Near the fence

### Game plan

Session 1	1 <sup>er</sup> base, 2 <sup>ième</sup> base, 3 <sup>ième</sup> base and short stop
Session 2	Outfielders
Session 3	Intercepteur
Session 4	Pitcher
Session 5	Catcher
Session 6	Base running and sliding
Session 7	Lead-off, steals
Session 8	Double-play and rundowns

